

## Boundary Waters Packing List

### General

- Bible
- Sleeping bag & small pillow
- Toiletries - *only the necessities: soap, toothbrush, toothpaste, towel, deodorant, etc.*
- Misc. gear and supplies: small flashlight or headlamp, batteries, insect repellent, sunscreen
- “Stuff sack” (for clothes and personals)
- 32 oz. water bottle with a secure lid (such as a Nalgene, available in the camp store)
- Spending money *Please keep money with you that you may want to use for snacks or souvenirs*

**Clothing** *LABEL your items. Please do not bring expensive clothing, shoes, etc., which may become soiled. Consider bringing non-cotton items as they dry faster and stay warmer.*

- Pants and/or windbreaker pants
- Shorts
- Socks and underwear (bring extra)
- T-shirts
- Sweatshirt
- Warm jacket & hat (temps can dip below 49° at night in the BWCAW, even in summer)
- A baseball or brimmed hat to protect from the sun
- Raingear
- Pajamas
- One set of “wet clothes” and one set of “dry clothes”
  - “Wet clothes” should include underwear, socks, pants or shorts, a t-shirt, and swimsuit
  - “Dry clothes” should include underwear, socks, pants, a t-shirt, and a long-sleeved shirt
- TWO pairs of shoes (tennis shoes and shoes that can get wet – not flip flops)

### Optional Items

- Camera (not a phone)
- Book or journal
- Fishing gear (must have Minnesota fishing license)

### Suggestions and Reminders

- There will be a day of travel at the beginning and the end of the week, with canoeing approximately three to four days in between.
- Bring a list of the items you pack and check that you have everything at the end of the week.

### What NOT to Bring

- Phones or other electronic devices
- Food, gum, or candy
- Weapons of any kind
- Drugs, tobacco/nicotine, or alcohol