**Summer Camp Packing List**

**General Packing List:**

* Bible, notebook, and pen or pencil
* Toiletries (toothbrush, toothpaste, soap, deodorant, etc.)
* Towel(s) and washcloth
* Flashlight
* Sleeping bag and pillow
* Backpack *for* *Bible, towel & daily items*
* Water bottle *also available in camp store*
* Sunscreen & insect repellent
* Prescribed medicines *please label clearly*
* Duffle bag / large backpack *Note: heavy suitcases are not ideal for camping*
* OPTIONAL: Disposable camera (no cell phones)
* OPTIONAL: Stationery and stamps - *Letters to/from home are a great idea!*
* Spending money for the Canteen (snack shop) and camp store during the week

*- Campers are limited to purchasing two snack items per day.*

*- For onsite programs, money is deposited to camper’s account, available during Canteen time.*

*- Out-Trip programs: If you like, bring a little money to use for snacks or souvenirs on the road.*

**Clothing to Bring***(Please put your name on items. Please do not bring expensive clothing or shoes.)*

* Jeans and/or sweatpants
* Shorts
* Socks & underwear (extras recommended)
* T-shirts
* Sweatshirts
* Warm jacket
* A warm hat for when it’s cold
* A hat to protect from the sun, etc.
* Raincoat/Poncho
* Pajamas
* Swimming suit
* TWO pairs of closed-toed shoes (tennis shoes and shoes that can get wet; NO flip-flops on trails)
* Pack & Paddle/Rock & Raft – bring closed-toed shoes for rock climbing (tennis shoes or climbing shoes)

**What NOT to Bring**

* Phones or other electronic devices
* Food, gum, and candy
* Valuables
* Pets
* Drugs (no tobacco or nicotine products, alcohol, etc.)
* Weapons of any kind
* Avoid makeup or perfumes while camping (bugs like these!)

**Suggestions**

Pack light! Label all of your belongings with your name. Suggestion: List what you bring to camp. Then you can check your list so that you remember to **take everything home** at the end of the week.

Questions? Call Ewalu (563-933-4700) or email [office@ewalu.org](mailto:office@ewalu.org).