

## Boundary Waters Packing List

### General

- ☐ Bible
- ☐ Sleeping bag & small pillow
- ☐ Toiletries - *only the necessities: soap, toothbrush, toothpaste, towel, deodorant, etc.*
- ☐ Misc. gear and supplies: small flashlight or headlamp, batteries, insect repellent, sunscreen
- ☐ "Stuff sack" (for clothes and personals)
- ☐ 32 oz. water bottle with a secure lid (such as a Nalgene, available in the Camp Store)
- ☐ Spending money (*Please keep money with you that you may want to use for snacks or souvenirs*)

**Clothing** *LABEL your items. Please do not bring expensive clothing, shoes, etc., which may become soiled. Consider bringing non-cotton items as they dry faster and stay warmer.*

- ☐ Pants and/or windbreaker pants
- ☐ Shorts
- ☐ Socks and underwear (bring extra)
- ☐ T-shirts
- ☐ Sweatshirt
- ☐ Warm jacket & hat (temps can dip below 49° at night in the BWCAW, even in summer)
- ☐ A baseball or brimmed hat to protect from the sun
- ☐ Rain gear
- ☐ Pajamas
- ☐ One set of "wet clothes" and one set of "dry clothes"
  - "Wet clothes" should include underwear, socks, pants or shorts, t-shirt, and swimsuit
  - "Dry clothes" should include underwear, socks, pants, a t-shirt, and long-sleeved shirt
- ☐ TWO pairs of shoes (tennis shoes and shoes that can get wet – not flip flops)

### Optional Items

- ☐ Camera (not a phone)
- ☐ Book or journal
- ☐ Fishing gear (must have Minnesota fishing license)

### Suggestions and Reminders

- ☐ There will be a day of travel at the beginning and the end of the week, with canoeing approximately three to four days in between.
- ☐ Bring a list of the items you pack and check that you have everything at the end of the week.

### What NOT to Bring

- ☐ Phones or other electronic devices
- ☐ Food, gum, or candy
- ☐ Weapons of any kind
- ☐ Drugs, tobacco/nicotine, or alcohol