Boundary Waters Packing List

General
☐ Bible
☐ Sleeping bag & small pillow
☐ Toiletries - *only the necessities: soap, toothbrush, toothpaste, towel, deodorant, etc.*
☐ Misc. gear and supplies: small flashlight or headlamp, batteries, insect repellent, sunscreen
☐ “Stuff sack” (for clothes and personals)
☐ 32 oz. water bottle with a secure lid (such as a Nalgene, available in the Camp Store)
☐ Spending money *(Please keep money with you that you may want to use for snacks or souvenirs)*

Clothing  *LABEL your items. Please do not bring expensive clothing, shoes, etc., which may become soiled. Consider bringing non-cotton items as they dry faster and stay warmer.*

☐ Pants and/or windbreaker pants
☐ Shorts
☐ Socks and underwear (bring extra)
☐ T-shirts
☐ Sweatshirt
☐ Warm jacket & hat (temps can dip below 49° at night in the BWCAW, even in summer)
☐ A baseball or brimmed hat to protect from the sun
☐ Rain gear
☐ Pajamas
☐ One set of “wet clothes” and one set of “dry clothes”
  ☐ “Wet clothes” should include underwear, socks, pants or shorts, t-shirt, and swimsuit
  ☐ “Dry clothes” should include underwear, socks, pants, a t-shirt, and long-sleeved shirt
☐ TWO pairs of shoes (tennis shoes and shoes that can get wet – *not* flip flops)

Optional Items
☐ Camera *(not a phone)*
☐ Book or journal
☐ Fishing gear *(must have Minnesota fishing license)*

Suggestions and Reminders
☐ There will be a day of travel at the beginning and the end of the week, with canoeing approximately three to four days in between.
☐ Bring a list of the items you pack and check that you have everything at the end of the week.

What NOT to Bring
☐ Phones or other electronic devices
☐ Food, gum, or candy
☐ Weapons of any kind
☐ Drugs, tobacco/nicotine, or alcohol