

## Summer Camp Packing List

### General Packing List:

- Bible, notebook, and pen or pencil
- Toiletries like toothbrush, toothpaste, soap, deodorant, etc.
- Towel(s) and washcloth
- Flashlight
- Sleeping bag and pillow (*sleeping pad optional*)
- Backpack (*for Bible, towel & daily items*)
- Water bottle (*also available in Camp Store*)
- Spending money for the Canteen (snack shop) and Camp Store during the week
  - Campers are limited to purchasing two snack items per day. (Most parents leave \$20 - \$30, which is plenty for the week) - This can be added to their account online, or bring cash or a check to check-in!
  - Out-Trip programs: *If you like, bring a little money to use for snacks or souvenirs on the road.*
- Sunscreen & insect repellent
- Prescribed medications (*please label clearly*)
- Duffel bag / large backpack (*Note: heavy suitcases are not ideal for camping*)
- OPTIONAL: Disposable camera (*Note: no cell phones*)
- OPTIONAL: Stationery and stamps - *Letters to/from home are a great idea!*

### Clothing to Bring (*Please put your name on items. Please do not bring expensive clothing or shoes.*)

- Jeans and/or sweatpants
- Shorts
- Socks & underwear (extras recommended)
- T-shirts
- Sweatshirts
- Warm jacket
- TWO pairs of closed-toed shoes (tennis shoes and shoes that can get wet; NO flip-flops on trails)
- Pack & Paddle/Rock & Raft – bring closed-toed shoes for rock climbing (tennis shoes or climbing shoes)
- A warm hat for when it's cold
- A hat to protect from the sun
- Raincoat/Poncho
- Pajamas
- Swimming suit

### What NOT to Bring

- Phones or other electronic devices
- Food, gum, and candy
- Valuables
- Pets
- Drugs (*No tobacco or nicotine products, alcohol, etc.*)
- Weapons of any kind (*this includes pocket knives*)
- Avoid make-up or perfumes while camping (*bugs like these!*)

### Suggestions

Pack light! Label all of your belongings with your camper's name. Make a list of what you bring to camp, and even take photos of important items. Then you can check that you remember to bring everything home at the end of the week.

Questions? Call Ewalu (563-933-4700) or email [camp@ewalu.org](mailto:camp@ewalu.org).

**\*\*Please see the next page for program-specific items to consider bringing! Not all programs need extra items, but a few do!\*\***

## Program-Specific Items to Pack:

### **Mini Camp:**

General packing list

### **Farm Mini Camp:**

General packing list

Long pants

Boots (optional)

### **Explorers:**

General packing list

### **Trailblazers:**

General packing list

Shoes comfortable to hike in

### **Foresters:**

General packing list

Shoes comfortable to hike in

Sleeping pad (*optional*)\*

### **Pioneers:**

General packing list

Sleeping pad (*optional*)\*

### **Night Camp:**

General packing list

Reliable flashlight, extra batteries

Sleeping pad (*optional*)\*

### **Confirmation Camp:**

General packing list

Sleeping pad (*optional*)\*

### **MAD Camp:**

General packing list

Musical instrument(s)

### **Pack and Paddle:**

General packing list

Sleeping pad (for tent camping)

### **Houseboating:**

General packing list

### **Rock and Raft:**

General packing list

Sleeping pad (for tent camping)

### **Uplifted:**

General packing list

Hammock with straps (*available in Camp Store*)

### **Boundary Waters:**

General packing list

Sleeping pad (for tent camping)

### **Family Camp:**

General packing list

### **Grandparent Camp:**

General packing list

### **LT:**

LTs receive a specific packing list from the Program Director.

*\*We do provide sleeping pads, but we encourage you to bring one if you have one!*